

Veterinary School Pet Loss Hotlines

These hotlines are staffed by veterinary student volunteers, who are trained and supervised by counseling professionals. Given a person's work hours and/or other considerations, the times for the hotlines in different zones of the country may be more accessible to meet your needs. Hotline staff persons have the ability to be compassionate listeners, providing support that is mindful of the highly significant relationship that people have with their pets. Hotline staff persons are especially knowledgeable about the human-animal bond and the experience of pet loss. If a caller conveys having concurrent mental health conditions that become aggravated or potentially develop at such times of crisis and loss, it may be recommended that the individual consult with a professional therapist in one's community. During the summer months, the available hours are often abbreviated as students are on summer break.

Tufts University Veterinary School Pet Loss Support Hotline 1-508-839-7966 . Monday – Friday, 6:00-9:00 pm EST; (calls from outside Massachusetts will be returned at no charge.) vet.tufts.edu/pet-loss-support-hotline

College of Veterinary Medicine, Cornell University, Pet Loss Support Hotline. Monday – Friday, 6:00-9:00 pm EST, and on Saturdays – Sundays 12pm – 9pm EST. 1-607-218-745. <https://www.vet.cornell.edu/impact/community-impact/pet-loss-support-hotline>

Suicide Prevention Hotlines

National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org>

1-800-273-8255

Samaritans: Preventing Suicide, Providing Hope

<https://samaritanshope.org>

(877) 870-HOPE (4673) OR 988. Call or Text 24/7

Emergency Services Program

Mobile Crisis Intervention

If you or a family member are experiencing a mental health or substance use disorder crisis, the Emergency Services Program/Mobile Crisis Intervention (ESP/MCI) is available 24 hours a day, 7 days a week, 365 days a year. Anyone may contact ESP/MCI for assistance.

1-877-382-1609

<https://www.masspartnership.com/ESP>

Online resources

Association for Pet Loss and Bereavement www.aplb.org

Lap of Love <https://www.lapoflove.com/our-services/pet-loss-support>

Grief education and candle ceremony www.petloss.com

Pet loss support page www.pet-loss.net

Online memorial and other resources www.rainbowbridge.com

Children's Books on Pet Loss

The Tenth Good Thing About Barney

written by J. Viorst

Goodbye, Brecken written by D. Lupton

Kate, The Ghost Dog written by W. Wilson

Splotch written by G. Mariano

Hey, Boy written by B. Strouse

Colette's Lost Pet written by I. Arsenault

A Special Place for Charlie written by D. Morehead

Pet Loss Support Group

Cummings Veterinary Medical Center at Tufts University, North Grafton, MA

Facilitated by Eric Richman, LICSW, Social Worker, phone number 508-887-4271

Third Tuesday of each month from 6:00-7:00pm

Grief counselors

Liz Bailey, MA, LMHC

Location: Hingham, MA 02043

Phone: (781) 783-7522

Email: lizbaileytherapy@gmail.com

Website: <http://www.lizbaileytherapy.com>

Natalie Femino, MA, LMHC

Location: Salem, MA 01970

Phone: (978) 745-8311

Website: www.nataliefemino.com

Kaleel Sakakeeny, BA, MFA, MS

Location: Boston, MA

Phone: (617) 818 1432 | (617) 469 8262

Email: kaleel@theothermecoaching.com

Website: www.petgriefhelp.com

Lynda Warwick, BA, Ph.D

Location: Littleton, MA

Email: lynda@lyndawarwick.com

Website: <http://lyndawarwick.com>

Beth Gordon, LICSW

Location: Shrewsbury, MA

Phone: 508-277-0726

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